

SHAC

MEETING

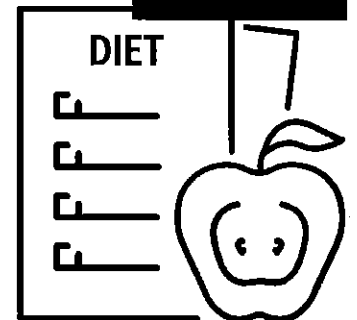
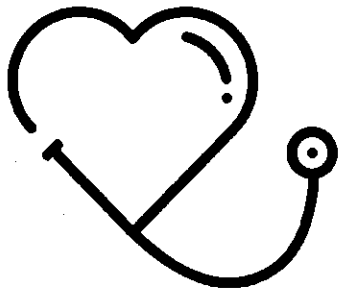
BISD BOARD ROOM

404 E WILLIAMS ST

DEC. 08 '21

WEDNESDAY

3:00 PM



#BOWIEBUILT

BOWIE INDEPENDENT SCHOOL DISTRICT

Board of Education

Jacky Betts, President

Guy Green, Vice President

Debbie Leonard, Secretary

Keith Richey, Trustee

Daniel Dowbor, Trustee

Jeff Jackson, Trustee

Lee Hughes, Trustee

J. Blake Enlow, Superintendent

P.O. Box 1168
BOWIE, TEXAS 76230
(840) 872-1161
FAX (840) 872-5979
<http://www.bowieisd.net>



Assistant Superintendent

Christie Walker

Director of Curriculum and Inst.

Lee Ann Farris

Principals

Sergio Monchaca, BHS

Joneanne Fleming, BJH

Sara Cravens, BI

Kathy Green, BE

Chief Financial Officer

Paula Peterson

Local School Wellness Policy

Student Health Advisory Council (SHAC)

1st Quarter Meeting – 12/8/2021

Location & Time:

Bowie ISD Administration Building – Board Room 3:00 pm

AGENDA

Meeting called to order

A. Meet & Greet (Introductions)

B. Review Purpose of Local School Wellness Policy FFA Local & SHAC Guide for Texas School Districts

1. BISD Wellness Plan with Activities- Review

C. Eight Component Model of a Coordinated School Health Program

1. Health Education

2. Physical Education

3. Health Services

4. Nutrition Services

5. Counseling, Physiological, & Social Services

6. Healthy School Environment

7. Health Promotion for Staff

8. Family / Community Involvement

D. General Meeting Topics

1. What topics at Bowie ISD do we well and already cover?



2. What topics stand out to you as topics we need to look into or discuss further for our district?

E. A Model for Getting Started - How we will begin to take action for our community on the given topics.

1. Access
2. Plan
3. Act
4. Evaluate
5. Sustain

F. BISD Board Policy - BDF

1. Legal Policy of School Health ADvisory Council - Board Internal Organization- Citizen Advisory Committee
2. Meeting Requirements, Composition of Members, Physical Activity and Fitness Planning Subcommittee, Annual Report, Public Statements in the student handbook.
 - i. Vote on Subcommittee
 - ii. Vote on Chair and Co-chair

E. Adjourn the Meeting



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- Danlol Daweber, Trustee
- Jeff Jackson, Trustee
- Lae Hughes, Trustee

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Member Name	Committee Membership	Email	Signature
Elesha Green	BISD - BSN-RN	elesha.green@bowieisd.net	<i>Elesha Green</i>
Wayne Walker	BISD - Director of Support Services	wayne.walker@bowieisd.net	Via Zoom
Christie Walker	BISD - Assistant Superintendent	christie.walker@bowieisd.net	<i>Christie Walker</i>
Lee Ann Farris	BISD - Director of Curriculum & Instruction	leeann.farris@bowieisd.net	<i>Lee Ann Farris</i>
Monica Delao	Local - Mental Health Professional	delaom@helenfarabee.org	<i>Monica Delao</i>
Shandy Clark	Local - Private Counselor, LSSP	Shandreaclarkcounseling@gmail.com	Via Zoom
Jeannette Shaw	BISD - Counselor	jeannette.shaw@bowieisd.net	
Officer Magers	Local - Bowie Police Department	paul.magers@bowieisd.net	<i>Paul Magers</i>
Dustin Reeves	Local - FBC Youth Director	dustin@fbcbowie.org	<i>Dustin Reeves</i>
Ashley Bates	Local - Parent		
Dr. Cooper	Local - Health Professional	RCooper@fchtexas.com	Via Zoom



Aaron Degler	Local - Business Owner (Synergy Fitness)	aaron@aarondegler.com	<i>Aaron Degler</i>
April Word	Local - Parent Representative	riseperformingarts1@gmail.com	Via Zoom
Tamaran Betts	Local - Parent Representative	bettsamran@yahoo.com	
Karen Rodriguez	Local - Parent Representative	kgrodriguez90@gmail.com	
Misty or Brad Earp	Local - Parent Representative	misty.earp@gmail.com or bradley.earp@gmail.com	<i>Bradley Earp</i>
Sara Brinson	Local - Parent Representative	sabsjb05@hotmail.com	<i>Sara Brinson</i>
Jeanne Fleming	BISD - Jr High Principal	jeanne.fleming@bowieisd.net	<i>Jeanne Fleming</i>
Ella Richey	Local - BHS Student	24richey@students.bowieisd.net	<i>Ella Richey</i>
Alex Castro	Local - BHS Student	24castroj@students.bowieisd.net	<i>Alex Castro</i>
Kaz Williams	Local - BHS Student	24williamsk@students.bowieisd.net	<i>Kaz Williams</i>
Parker Riddle	Local - BJH Student	26riddlep@students.bowieisd.net	<i>Parker Riddle</i>
Willie Brown	Local - BJH Student	27brownw@students.bowieisd.net	<i>Willie Brown</i>
William Pickett	BISD - BIS PE Teacher	william.pickett@bowieisd.net	<i>William Pickett</i>
Lori Cage	BISD - BES PE Teacher	lori.cage@bowieisd.net	



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MINUTES

Meeting called to order by Lee Ann Farris at 3:04

Meeting offered via zoom as well. Zoom participants include:

Shandy Clark

Dr. Cooper

Wayne Walker

April Word

Regrets unable to attend:

Lori Cage

Jeannette Shaw

Karen Rodriguez

Tamaran Betts



Using the School Health Advisory Council Guide for Texas School Districts Mrs. Farris explained the purpose of SHAC and topics to be addressed by the committee...to include the following:

SHAC recommends policies and practices which meet the health needs of the whole child

SHAC is a liaison to the BISD School Board who will hear from the SHAC once a year.

SHAC will assist in adopting a new health curriculum this year to address sex education, etc.

Mrs. Farris explained those asked to participate on SHAC fulfill the required roles with the experience needed for SHAC

FFA Local-Wellness Policy was mentioned for future review

BISD Wellness Activities and Resource List was provided for committee comment/revision...comments were to remove DARE as we no longer have it, question of parent volunteers having to be background checked...Mrs. Farris explained that if they volunteer to work with or oversee students who are not their own, then they do have to pass a background check, health screenings are done but need to remove grades as they are done randomly, include Standard Response Protocol for student safety protocol for 2021-22, Clorox 360 disinfecting system, HVAC ionizers added to each unit to neutralize viruses in the air, living breathing document to be revised

8 Components of a School Health Program:

Mrs. Farris provided a brief overview of each component reading from reference materials provided by Tx Dept. of State Health Services.

SHAC Agenda Topics...comments

Good job with Breakfast in the Classroom at Junior High as a result of kids in athletics who miss morning breakfast

Elem & Intermediate have breakfast in the cafeteria as a whole school...they start the day in the cafeteria and then are dismissed to classrooms. We have school-wide free breakfast.

Students at JH commented that alcohol & drug awareness are addressed well through Red Ribbon Week, high school students agreed.

Recommendations:

Intermediate campus needs a full-time counselor



continue cyber-bullying training
more on substance abuse/prescription drugs
check into the AT&T don't text and drive activities
don't drink and drive productions...Dr. Cooper "Shattered Dreams"
maybe we need a monthly PSA...consider students making them for the
district and serving as role models to their peers on these topics
more education on vaping and the hazards, etc.
whole child, mental health topics of concern that need more attention
kids in car seats/seat belts education...free car seat check day consider
partnering with the Fire Dept. when they come to the Elem. campus
Headstart does some of these trainings on a monthly basis...maybe partner
with them on their monthly meetings/topics
Community Health Fair...stations for all topics
Teddy Bear Fair
Jacksboro Hospital
Mrs. Atkins back to school Fair with resources available for parents
5k-All for one Community 5K w Aaron on committee, vision to make it
more of an event with other wellness activities and involve more folks than
just runners, continue 1 K kid run, money was donated to child welfare
board, backpack buddies w Lighthouse Assembly of God, pregnancy
resource center
Member concern...making sure there's no recess as punishment
Dodgeball or activities to address obesity as a habit problem vs a food
problem
HS students would like to see more parent involvement...involvement is
high at the beginning of the year, but it trickles down as the year goes on.
Strategically plan for the dips in the year...
Student Suggestion-More on Suicide prevention...what are the signs to look
for in peers/students...training for students and staff
eSchool counselors are not trained like mental health counselors are, so it's
tough for counselors to know what to do with that information...consider
letting mental health specialists train our counselors and provide resources to
them.
Access, Plan, Act, Evaluate, Sustain flier with discussion as procedures we
will follow...

Policy BDF legal reviewed for committee organization requirements with
the following nominations/elections made:



Nominations made for Chair of SHAC and parent co-chair of SHAC:
Motion made by Mrs. Fleming to name Lee Ann Farris as Chair of SHAC.
Mrs. Farris asked that Christie Walker assist in Chairing the Committee. A
Second was made by Bradley Earp. Committee accepted the nomination and
Mrs. Farris' suggestion unanimously.

Parent Co-Chair...motion made by Mrs. Fleming to nominate April Word. A
second was made by Parker. Committee approved unanimously.

Physical Activity and Fitness Planning Subcommittee:
Aaron Degler nominated William Pickett to lead this subcommittee.
Fleming Seconded. Committee approved unanimously. BISD PE Teachers
will be asked to serve on this subcommittee under Mr. Pickett.

Mrs. Walker and Mrs. Farris explained & demonstrated how BISD Policies
could be referenced on the district website and where the SHAC meeting
information would be located.

Additional Topics discussed and topics for future meetings:

Banners

Zippys

Community can email PE teachers and other staff members to share
upcoming events.

Utilize Promethean Boards and other means to post announcements at
campuses because announcements often get missed. Include Community
Health event flyers for all to know of community activities.

Create a **Roberts Rules** cheat sheet

Nominate a SHAC Secretary to take minutes at meetings

Discuss Future Meeting Dates

Meeting Adjourned at 4:15 p.m.

